



What's impacting your health?

Great-West Life can help you identify your health risks and take action.

Take the *Personal Health Risk Assessment* to:

- Identify your health risk
- Create your health profile
- Build an action plan and track your progress

Ready to start? It's easy.

The *Personal Health Risk Assessment* is available through the Health and Wellness Site at:

<https://greatwestlife.mediresource.com/?account=PrairieNorth>



www.greatwestlife.com

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